



# Tattershall Bulletin

7th February 2025

Welcome to our weekly bulletin where we will share dates, reminders, requests and most importantly, our Celebration Assembly awards.

## Dates for your diary.....

13th February	Friendship School Disco-Tickets must be booked via the Arbor App
14th February	End of Term
24th February	Start of Term 4
3rd March	Eagle Class Showcase
4th March	Red Panda Class Showcase
5th March	Alpaca Class Showcase
6th March	Lion Class Showcase
7th March	Koala Class Showcase
6th March	World Book Day
15th March	Music For Youth Festival ( yr5 & yr6)

## Attendance Matters

Our target is for children to be in school at least 97% of the time.  
Our school attendance for the whole year so far 95.5%

'There is evidence to suggest that regular school attendance is a key mechanism to support children and young people's educational, economic and social outcomes.'

Squirrel (YR)	75.6%	Alpaca Class (Y3/4)	92.9%
Koala Class (Y1)	98.2%	Lion Class (Y4/5)	97.8%
Red Panda Class (Y2)	98.8%	Eagle Class (Y6)	92%

## PE Days: Spring Term

Please ensure your child arrives in school in their PE kit on the following days.

Monday	Red Panda and Lion Classes
Tuesday	Koala, Alpaca, Lion and Eagle Classes
Wednesday	Koala and Alpaca Classes
Thursday	Squirrel, Red Panda and Eagle Classes

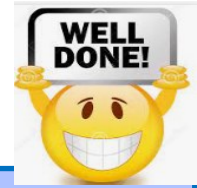
Email:  
enquiries@tattershallprimary  
.lincs.sch.uk



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Tattershall Primary School  
*Believe, Achieve, Succeed*



## Celebration Assembly Awards This

Squirrel Class (Class 1)	George  Noah	For their confidence in re-telling key phrases from our class stories during role play.
Koala Class (Class 2)	Abigail  Lydia	For her enthusiasm and excitement for writing.  For her excellent story writing.
Red Panda Class (Class 3)	Erin  Harry	For both being so kind and helpful; looking after the chicks.
Alpaca Class (Class 4)	Tilly  Ruby-Mai  Amber	For her perseverance making wire sculptures in art.  For her detailed sentences in English and her beautiful handwriting.  For always working hard and taking pride in her presentation.
Lion Class (Class 5)	Milana  Lelia  Jayden	For her spelling results and hard work in spellings.  For her vocabulary choices and writing in English.  For his sentence writing and vocabulary choices.
Eagle Class (Class 6)	Ella A  Nolah	Amazing effort and focus catching up with learning and all-round effort.  Brilliant effort all-round and her improvement in badminton in PE.

## House Team Points

<b>Newton</b>	<b>Banks</b>	<b>Tennyson</b>	<b>Franklin</b>
<b>136</b>	<b>160</b>	<b>110</b>	<b>144</b>

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**THANK YOU!**

**amazon**

Thank you for the scarfs, glue sticks and colouring books already donated to us from parents from our Wish List. We are incredibly grateful!

If you can help us with a donation, our Wish List can be accessed here:  
<https://amzn.eu/eocm98U>

### Our Wonderful Class Chicks

Over the past 12 days, Squirrel and Red Panda classes have enjoyed watching some eggs hatch into chickens. Since they've hatched, and they have grown bigger, we have been gently handling them to understand how to care for animals.

The chicks were collected yesterday and we miss them already. All of the chicks will be lovingly rehomed by The Happy Chick Company so they will grow into egg laying hens or morning calling roosters!



*"I've loved having the chicks in school because they were so cute when they hatched." - Henry W*

*"I love the chicks because they are soft and cute." - Erin H*

*"I've liked giving them names like Godzilla." - Colton*

*"I've liked holding the chicks because they are small and soft." - Lyra*

**Happy Birthday this week to...**

**Alpacas- Amber, Maya**



**Have you seen our Attendance Policy?**

Please read it on our school website by clicking [here](#).

*Believe, Achieve, Succeed*

**TATTERSHALL  
PRIMARY  
SCHOOL PTA**

**FRIENDSHIP**

**DISCO**

**13TH FEBRUARY  
2025**

**TICKETS £3.50**

***This includes a hot dog and a  
drink.***

***Ks1 Squirrel, Koala and Red  
Panda classes 3:20pm till  
4:15pm***

***Ks2 Alpaca, Lion and Eagle  
Classes 4:30pm till 5:30pm***



## Digital therapy enabling children to self manage their fears and worries

Recommended by **NICE**



### What is Lumi Nova?

Everybody worries sometimes, but sometimes worries stay and can have a big impact on your child's life.

Lumi Nova can support your child by helping them set goals and challenges to overcome their worries, one step at a time.

- ★ **NICE recommended digital therapy** through a fun mobile game (smartphone/tablet)
- ★ For **7-12 year olds**
- ★ Supports **mild to moderate fears, worries & anxiety\***
- ★ **Based on Cognitive Behavioural Therapy (CBT)** and provides Psychoeducation and **Exposure Therapy** - The gold standard of care for treating anxiety
- ★ Safe, effective & easy to use



\*Lumi Nova is for children aged 7-12 experiencing mild to moderate anxiety. It is not recommended for use with children who have severe anxiety, are in crisis, have suicidal thoughts or are at risk of self harming **without clinical supervision**.

See instructions for use: [bit.ly/luminova-ifu](https://bit.ly/luminova-ifu)

### Using Lumi Nova can help your child:

- ✓ Learn **life long skills** on how to self manage their worries
- ✓ Learn how to **breakdown fears and worries into manageable steps**
- ✓ **Build confidence and resilience** by completing small challenges in the game and in real life
- ✓ **Understand what worry and anxiety is** so they can learn to cope
- ✓ Talk about their own worries in a way that is **non-stigmatising**



To learn more visit:  
[luminova.app/lincolnshire](https://luminova.app/lincolnshire)

## Choose from 15 'ready made' goals

To help build confidence, you'll need to shortlist 3 goals that are relevant to your child, practical to do and easy.

Your child will then be able to choose a goal to work on which is broken down into small steps to help your child progress.

The first few challenges happen in the game (imagine, draw, photos, and videos) and then progress to real life challenges that will need your support.

[luminova.app/choosinggoals](https://luminova.app/choosinggoals)

1. Be comfortable staying at home without my parent or guardian
2. Be ok making a mistake on school work or a test
3. Be able to sleep away from home overnight
4. Be comfortable speaking in front of a group
5. Be able to sleep on my own
6. Feel comfortable visiting a crowded or busy place
7. Be able to spend time in the dark
8. Be able to spend time near a dog
9. Be able to spend time near insects or spiders
10. Try to make a new friend
11. Feel comfortable going to a party or social gathering
12. Feel comfortable going to school
13. Be able to spend time in a high up place
14. Be able to eat or drink in front of other people
15. Be okay seeing vomit or thinking about vomit

## How to get started with Lumi Nova and your role as a parent:

### Step 1: Register to get your game key

1. For free access, scan the QR code or visit [luminova.app/lincolnshire](https://luminova.app/lincolnshire)
2. Validate your postcode and complete the registration form & short survey.
3. You'll receive a text message with a link to download Lumi Nova and your game key. Please keep this safe and secret - you'll need it later for the 'real life' challenges.



### Step 2: Set up the app

1. Download the 'Lumi Nova' app on a mobile or tablet device your child has regular access to and activate it with your game key.
2. Set up the app by shortlisting 3 goals for your child to choose from.

### Step 3: Your role as a parent:

1. Set a regular time in a quiet place for you and your child to use Lumi Nova together.
2. Support your child to complete real life challenges (unlock and approve with your game key)
3. Complete weekly surveys sent to your phone via text message

**Recommended usage:** 15- 30 mins, 2-3 times per week to use Lumi Nova with your child.

**Need support using the app?** Email us at: [support@bfb-labs.com](mailto:support@bfb-labs.com)

Powered by



In partnership with



Lincolnshire Partnership  
NHS Foundation Trust

For more info and resources visit:  
[luminova.app/parents](https://luminova.app/parents)