

What you already know

- There are five types of vertebrates - mammals, fish, amphibians, birds, reptiles.
- Vertebrates are animals with a backbone.
- Some animals are suitable to pets, but some are not.
- Some animals give birth to live young but some lay eggs.
- Animals are either carnivores (eat meat), herbivores (eat vegetables) or omnivores (eat meat and vegetables).
- Humans have five senses: hearing, sight, touch, taste and smell.

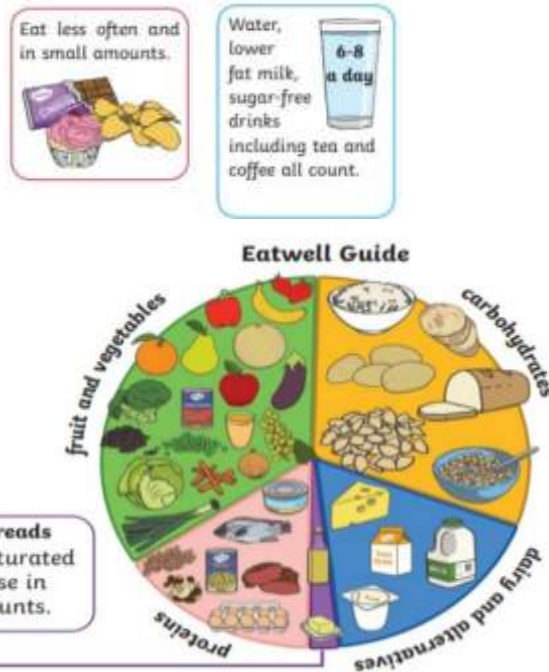
Basic needs

All living things have basic needs. They all need food, water, and air to survive.



A balanced diet

To grow into healthy adults, we must eat the right amount of the **five** different food groups.



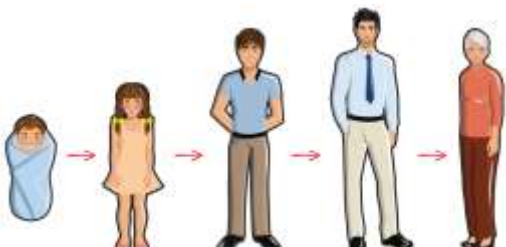
Vocabulary

Basic needs	What living things need to survive
Diet	The food and water an animal needs to live
Disease/ ill	An illness or sickness
Exercise	Physical activity to increase your heart rate
Germs	Bugs that cause disease and illness
Healthy	Good for you or in good health
Hygiene	Keeping clean to remove germs and stay healthy
Life cycle	The stages an animal goes through throughout its life
Medicine	A drug or remedy to help you get better if you are ill.
Offspring	The babies an animal produces
Organisms	An individual animal, plant, or single-celled life form.
Reproduce	To produce offspring
Species	Groups of living organisms
Survive	To stay alive

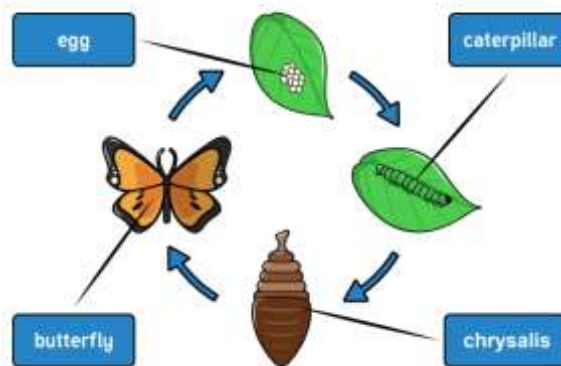
Life Cycles

All animals change as they go through the different stages of their life cycle.

Baby Child Teenager Adult Elderly



The life cycle of a butterfly



Stay healthy

To look after ourselves and stay healthy we need to exercise regularly, eat a healthy diet, and have good hygiene.



Offspring

Some offspring look like their adults when they are young.



Some offspring do not look like their adults.

